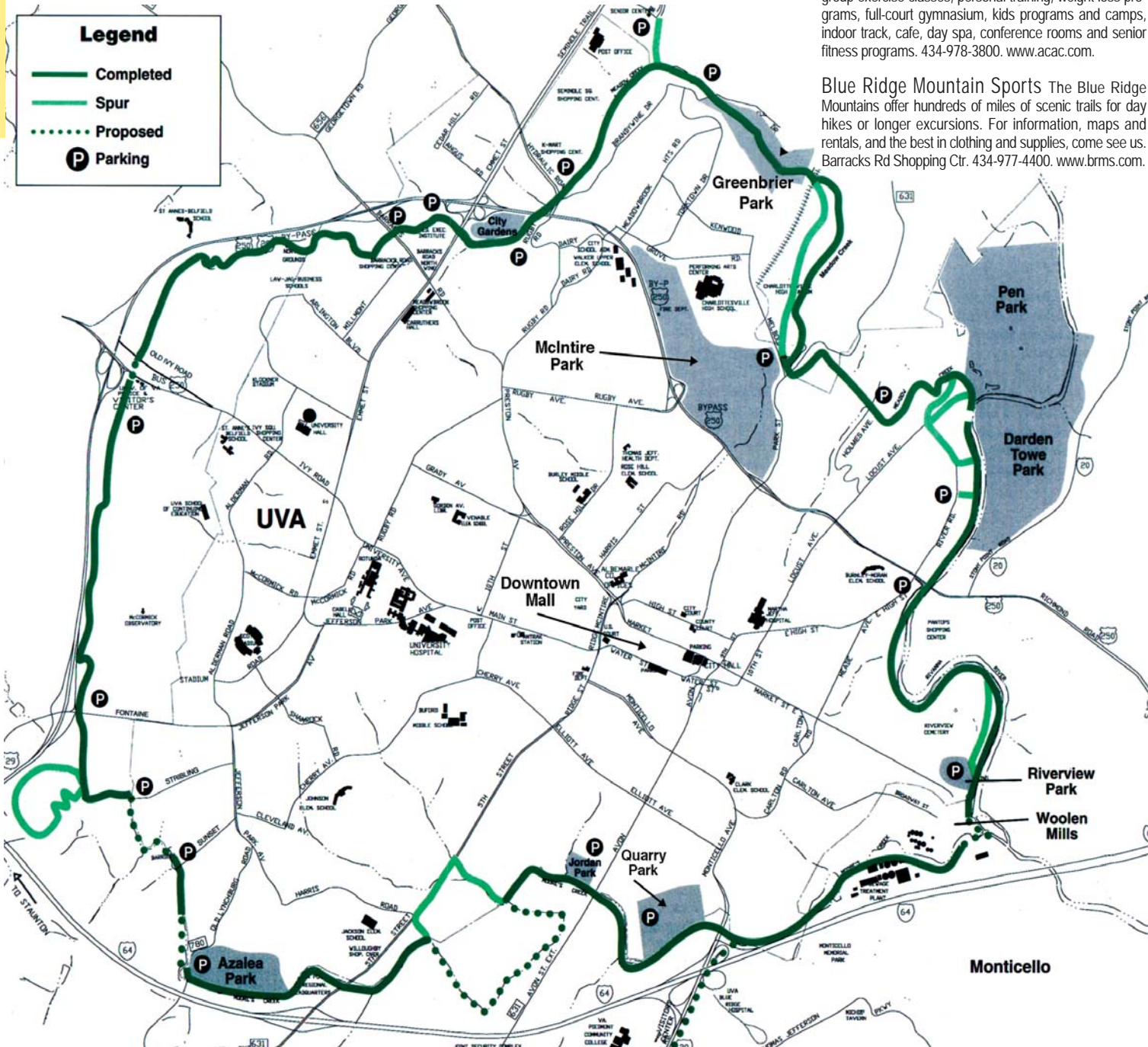




A GUIDE TO THE RIVANNA TRAILS

These trails traverse private property and are available through the kindness and generosity of the landowners. RTF has agreed to maintain the trails with neighborhood support, but RTF does not own land. Please respect the landowner's privacy and take care of their gifts.



Before you traverse the trails, visit BRMS and ACAC to get the right gear, or to get in shape!

ACAC Fitness and Wellness Centers Indoor and outdoor heated pools, strength and cardio equipment, group exercise classes, personal training, weight loss programs, full-court gymnasium, kids programs and camps, indoor track, cafe, day spa, conference rooms and senior fitness programs. 434-978-3800. www.acac.com

Blue Ridge Mountain Sports The Blue Ridge Mountains offer hundreds of miles of scenic trails for day hikes or longer excursions. For information, maps and rentals, and the best in clothing and supplies, come see us. Barracks Rd Shopping Ctr. 434-977-4400. www.brms.com

Stand on the shoulders of giants.

BLUE RIDGE
mountain sports • brms.com

Barracks Road Shopping Center
1125 Emmet Street
Charlottesville • 977-4400

ACAC
FITNESS & WELLNESS
CENTERS

We Change Lives!
500 Albemarle Square • Charlottesville, VA 22901
(434) 978-3800 • www.acac.com